

05 FEB 1993

MOTIVATIONAL TRAINING PROGRAM

The program outlined below will be followed for the daily motivational training program. It will be provided on a 4 week cycle. While it is preferred that entry be at the beginning of a week, prisoners and awardees can commence training at any point. The program shall be provided by the Quarters Supervisor or Correctional Counselor and supervised by the Training Supervisor.

WEEK ONEPSYCHOLOGY OF WINNING

Monday	Film
Tuesday	Positive Self-Expectancy
	Positive Self Motivation
Wednesday	Positive Self Image
	Positive Self Direction
Thursday	Positive Self Control
	Positive Self Discipline
Friday	Positive Self Esteem
	Positive Self Projection
Saturday	Positive Self Awareness
Adventurer	
	Positive Self Projection
Sunday	Film/Review

WEEK THREEGETTING IT TOGETHER

Monday	Where We Are Today
Tuesday	Attitudes
Wednesday	Comfort Zones
Words	
Thursday	Motivational and Personal
	Accountability
Friday	The Self-Esteem Cycle
Saturday	Goals and Imprinting
Idea	
Sunday	Affirmations

WEEK TWOLEAD THE FIELD

The Magic Word
Acres of Diamonds
A Worthy Destination
Miracle of Your Mind
Destiny in the Balance
Seed for Achievement
It's Easier to Win
How Much Are You Worth
Let's Talk About Money
One Thing You Can't Hide
Today's Greatest
Man on the White Horse
Program Review

WEEK FOURGREAT IDEAS

This "Golden Age"
Your Vital Self-Image
Your Empathy Ego Balance
That's Good
Communicating Without
This Business Got Into Me
All the Energy You Want
What Failures Don't Do
Don't Lose the Luster
Creative Persuasion
How to Communicate an
The Only Real Security
Program Review